



**Foundation
HUMAN RIGHTS IN MENTAL HEALTH-FGIP
Amsterdam - The Netherlands**

ANNUAL ACCOUNTS 2020

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Annual report by the Board - 2020

Introduction

In front of you is the Annual Report of the Foundation Human Rights in Mental Health-FGIP covering the year 2020. The report first includes an overview of our goals, mission and vision and work carried out during the year, as well as information on the executive bodies of the organization, and is then followed by the financial accounts of 2020.

The goal and history of the organization

Human Rights in Mental Health – FGIP is an international federation of not-for-profit organizations that promote humane, ethical and effective mental health care throughout the world. The organization aims to empower people and help build improved and sustainable services that are not dependent on continued external support. The defense of human rights in mental health care delivery is the cornerstone of our work. We consider it our prime obligation to speak out whenever and wherever human rights abuses in mental health practice occur, and work with local partners to amend the situation and make sure the human rights violations in question are discontinued. The basis in all our activities is partnership.

Although Human Rights in Mental Health-FGIP was established as a new legal entity in 2010, the history of the organization goes back to 1980 when it started as a human rights organization with the goal to end the incarceration of dissidents in psychiatric hospitals under the name International Association on the Political Use of Psychiatry (IAPUP). The information we received was often shocking, the treatment nothing less than torture and many of our “clients” stayed for many years under the most inhumane circumstances in psychiatric prisons. When the Berlin Wall came down at the end of the 1980s and all political prisoners were released, we discovered that the situation was much worse than we ever imagined. Hundreds of thousands of people remained locked up under inhumane conditions in psychiatric hospitals and ‘social care homes’, for the rest of their lives. Initially we focused our work exclusively on Central & Eastern Europe and the former Soviet Union. Renamed the Geneva Initiative on Psychiatry (GIP), we started with small projects, setting up psychiatric associations, associations of psychiatric nurses, family organizations and eventually also consumer organizations. We trained mental health professionals, established day care programs and gradually a new approach to mental health care provision was developed: an approach that focused on trying to keep people in the community as much as possible. Gradually the projects became bigger and together with our partners in the target countries we received support from local and national authorities that agreed to cover regular expenses (such as water, gas, electricity, salaries). As a result of ten or fifteen years of hard work the landscape of mental health in many of the countries was changed fundamentally.

Starting in 2005, GIP –renamed Global Initiative on Psychiatry - also focused on countries outside the region, in particular in Africa and Southeast Asia. In many of these countries the work is the same as what we did and continue to do in Central & Eastern Europe and the former Soviet Union. We help in integrating patients into society who were locked up in a psychiatric hospital for many years, and under very bad living conditions, or develop community mental health care services where no assistance has been available so far.

In 2011, the Federation Global Initiative on Psychiatry was established as an independent legal entity and took the name Human Rights in Mental Health-FGIP. It now functions as the umbrella organization of the various independent FGIP member organizations in Bulgaria, Georgia, Lithuania, and Sri Lanka. The original founding organization of the federation, GIP-Hilversum, is now continuing its work as GIP-Benelux and plans to operate in Belgium and Luxemburg as well.

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Vision and Mission

Every person in the world should have the opportunity to realize his or her full potential as a human being, notwithstanding personal vulnerabilities or life circumstances. Every society, accordingly, has a special obligation to establish a comprehensive, integrated system for providing ethical, humane and individualized treatment, care, and rehabilitation, and to counteract stigmatization of, and discrimination against, people with mental disorders or histories of mental health treatment. An enlightened services system promotes mutually respectful partnerships between persons who receive services and those who deliver them, protects the human rights of users and the ethical autonomy of service providers, and facilitates the engagement of users, families, and all other stakeholders in advocating for and achieving improvements in the quality of care.

Recognizing that these aspirations remain everywhere unfulfilled, and that the rights and needs of persons with mental disorders are particularly vulnerable to infringement and neglect, the mission of Human Rights in Mental Health-FGIP is to promote humane, ethical, and effective mental health care throughout the world and to support a global network of individuals and organizations to develop, advocate for, and carry out the necessary reforms.

Our work

Mental health care is a mirror of society. The more humane and civil a society, the more chance there is for a humane, user-oriented mental health care system in which human rights are respected and users and their carers collaborate in selecting and delivering services. However, a civil society does not automatically produce a humane and user-oriented mental health care system. In spite of the fact that a large portion of society is affected by mental health problems, users typically remain stigmatized, invisible, and often neglected, and as a result mental health services are often under-financed and under-rated. People with mental illness are often segregated -- psychologically and, in many cases, also physically and legally -- from the rest of society. In fact, a genuine commitment to improve treatment of people with mental disabilities may be the most revealing measure of progress in a modern society. A truly "civil" society elevates the position of all its most vulnerable citizens, serves the needs of persons with mental problems, provides adequate funding for mental health care, and assures that services are user-oriented -- in other words, the needs and wishes of those using the services are the central considerations in shaping policy and practice.

Mental health care has always been a low priority in most of the countries in the world. In many countries, mental patients were stashed away in large institutions outside the city, where people were ignored and, all too often, left to die. This mentality, which relegated mental patients to a sub-human status, and even branded relatives of the mentally ill, still pervades many societies. Much work needs to be done in this field, to change the image and position of persons with mental problems. This is a task that will take several decades to accomplish.

In many countries, the human rights of mental patients are violated on a massive scale. In many institutions, living conditions are appalling; methods of treatment are outdated; staff is underpaid and insufficiently educated and unable to deal with the patients' problems; abuses are rampant; and little hope exists that the care provided will help to bring persons with mental illness back to society. In short, becoming mentally ill is usually a life sentence to a form of exile or second-class citizenship.

Human Rights in Mental Health-FGIP is committed to achieving genuine improvements in mental health care and in respect for human rights, and believes that these improvements need to be achieved by opening doors, not closing them. We believe in building partnerships and finding ways to enable local leaders to embrace the need for correction themselves. This strategy of "operating in silence" is not necessarily contradicted or undermined by the activities of those who voice their criticisms more stridently and more openly.

Our activities in 2020

Projects

The year 2020 was an extraordinary year for all of us. For FGIP it was not different. Suddenly propelled into COVID-19 restrictions we had to adjust our way of functioning, restructure our operations, and suspend or adjust our project implementation. In addition, it became soon clear that COVID-19 would have a major impact on mental health, complicating life for those who were faced with mental health issues but also negatively affecting the life of many others. In short, COVID-19 did not diminish our value but increased the importance of our line of work.

Financially, the year turned out to have the opposite effect of what we feared at the onset of the pandemic. While our projects continued, often in a virtual fashion, quite a few new ones were added in the course of time. It started with our Mind the Gap program focusing on the plight of persons with mental health issues during COVID pandemic restrictions, and ended with the political crisis in Belarus, where we became a key player in providing psychological support to those affected by State repression. In the end, 2020 turned out to be not only one of the most stressful years in our existence, but also one in which we managed to make a considerable impact in the mental health field and one where the ongoing financial crisis of the past years came to an end.

In our report we only focus on the main project activities.

Mind the Gap Campaign

In April 2020, FGIP started an international campaign "Mind the Gap" against social distancing and social isolation and in favor of using the term "physical distancing" and for social solidarity. The campaign was supported by 50 organizations worldwide, and visuals were translated into 40 languages. In the course of time separate campaigns were developed in Lithuania (with Vytautas Magnus University), in Ukraine (with the Ukrainian Psychiatric Association and Mental Health Perspectives) and South Africa (with the Global Mental Health Peer Network and the South African Federation for Mental Health).

Sri Lanka

In 2020 some major steps were taken in the Sri Lanka project. As noted in earlier reports, FGIP was invited in 2017 to partner in a large-scale intervention by the government of Sri Lanka to upgrade hospital infrastructure in the Northern Province (NP) by investing in renewing and expanding capacity, both in inpatient and outpatient healthcare, in two district general hospitals and two base hospitals in the NP. The project was finally approved in October 2018. The role of FGIP was to develop within that context community based mental health care services, train mental health professionals and establish a specialized psychotrauma center adjacent to a physical rehabilitation center for victims of the civil war. The project would last for three years.

However, political uncertainties such as elections resulted in several postponements, and only in 2019 the project started to gather speed. The onset of the pandemic seemed to disturb our plans again, but the crisis proved to be a real opportunity and physical trainings were turned into virtual ones, allowing us not only to re-allocate funds to purchase significant amounts of hardware e.g. tablets, but also to create a training package that is now web-based and can be used over and over again. Also, other project components were modified accordingly.

Belarus

Following the political crisis in Belarus FGIP initiated the development of a safe on-line support platform for psychological support to victims of repression in the country. The project was developed with GIP-Tbilisi and the National institute for Mental Health (NIMH) in Prague. By the end of the year the Russian-language website www.samopomo.ch was up and running and work continued on the safe on-line psychological support program.

Ukraine

Ukrainian mental health law

FGIP was commissioned by the German consultancy group GFA to carry out an assessment of Ukrainian mental health legislation in relation to the decisions of the European Court of Human Rights. The working group included board members of FGIP (Marianne Schulze and George Szmukler), for GIP-Vilnius director Dovile Juodkaite and the promising young Ukrainian lawyer Olena Protsenko and resulted in a very detailed 76-page document. Subsequently, Marianne Schulze and Olena Protsenko worked on an assessment of a draft law that was submitted to the Ukrainian Verkhovna Rada (parliament), and in a detailed response pointed out that the draft law should be rejected. Later, Marianne Schulze and George Szmukler participated in a round table discussion on Ukrainian mental health legislation organized by GFA.

Ukrainian CSO's for Change

Together with partners Mental Health Perspectives and the Ukrainian Psychiatric Association FGIP continued the EU-funded project "Ukrainian CSOs for Change: Promoting Human Rights, Deinstitutionalization and Social Inclusion of People, who have Intellectual and/or Psychosocial Disabilities". Because of the COVID pandemic the project was modified, and part of the advocacy funds were used to develop a Mind the Gap program for Ukraine in Ukrainian, Russian and Crimean Tatar. By now three clips have been produced by the Ukrainian film maker Lesya Kharchenko, and three more should be developed in the coming months, all focusing on the issue of social care homes and social isolation. In October a call for Proposals was issued for small grants, which resulted in six projects having been selected.

WPA/FGIP Expert Committee on the Ukrainian Mental Health Crisis

In April 2020, the Ukrainian national Health Services started a new financing system for secondary health care services, leading to a severe crisis in Ukrainian psychiatry. Thousands of mental health professionals were told they would be dismissed, departments were closed down and some institutions received only a small fraction of their earlier funding. An expert committee was established together with the WPA, which in June issued a report with advice to the psychiatric associations in the country as well as to the Ukrainian government. As a result of the report, the Ministry of Health issued emergency funding to counter the negative effects of the financing change, and established a working group to revisit funding for psychiatric services which will now also include funding for community-based services and mobile teams starting in 2021.

Personal Protection Equipment (PPE)

In April FGIP together with the Ukrainian psychiatric association started a program to raise funds to purchase PPE for mental health institutions in the country. Support was received from private donors, the World Psychiatric Association, the Lithuanian Ministry of Foreign Affairs and the European Commission. By the end of October, we had distributed some 750 infrared thermometers, thousands of FFP-2 and FFP-3 masks, protective costumes, gloved and 6,000 medical face masks.

Prison mental health

In February an agreement was reached with the Ukrainian Ministry of Justice to commence a reform program for the penitentiary mental health service in the country, piloting new services that could later be rolled out in other institutions as well. An agreement was signed for future collaboration, but because of COVID-19 the project has been stalled.

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Donors

Mental Health in Human Rights-FGIP is a non-endowed, project-based foundation. In the interests of the people we serve, we seek to keep its operating budget low, while simultaneously ensuring the quality of its operations. Because we do not currently have an endowment, we are dependent on charitable donations and project funds.

Financial policy

FGIP is a project-based organization that operates almost exclusively on basis of project funding. Part of the budget is covered by private donations, which are either earmarked for a concrete purpose or can be used for general expenses. FGIP has a detailed financial mechanism that is clearly worded on the Quality Service manual (QSM) of the organization, which will be further updated again in 2018.

Mitigating risks and uncertainties

FGIP is operating in a quickly changing world, where traditional donors or donor communities change, and the priorities of yesterday are no longer valid. FGIP is very much aware of this and has created the organization in such a way that the main risks can be mitigated. The organization is now functioning without salaried staff, but only with personnel hired on a contract basis or consultants who have been contracted for specific tasks. A sizeable part of the work is done with volunteers. Also, the overheads of the organization are kept as low as possible, e.g. by now having a permanent office but rather by working out of a residential home. Projects are implemented with concrete budgets, and risks are avoided as much as is possible. If the organization needs to scale down its work due to decreased funding it will not be difficult to do so.

Operational budget

The operational budget of FGIP was approved by the Board during its session in November 2019 and includes all basis expenses e.g. personnel (on contract basis), meetings of board and Executive Committee, financial administration and auditing, office expenses and the website. The operational budget was in size not more than 15% of the 2020 turnover.

Board

The Board of the Foundation has confirmed the financial accounts on [date]

In 2020 the Board of FGIP consisted of the following persons:

Name		Date Joined Board	Term Ending
Chairperson			
Vanessa Cameron	UK	November 2016	2024 (2)
Past Chairman			
Graham Thornicroft	UK	November 2012	2024 (3)
Secretary:			
Nicole Votruba	D	November 2019	2023 (1)
Treasurer:			
Mireille 's Gravesande	NL	November 2019	2023 (1)

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Members:

Manana Gabashvili	GEO	November 2020	2024	(1)
Rob Keukens	NL	June 2020	2024	(1)
Maria Varniene	LT	November 2013	2021	(2)
Borislav Milev	BG	November 2014	2022	(2)
Charlene Sunkel	SA	November 2016	2020	(1)
George Szmukler	UK	November 2016	2020	(1)
Marianne Schultz	A	November 2018	2022	(1)
Shehan Williams	LK	November 2018	2022	(1)
Mahesan Ganesan	LK	November 2019	2023	(1)
Shekhar Saxena	IN	November 2019	2023	(1)

The FGIP Statutes indicate that each Board member is elected for a four-year term, with a possible extension of a second 4-year term.

The Chairman serves 4 years, with a possible extension of four years, to be followed by an automatic four-year term as Past-Chairman.

Robert Van Voren functions as Chief Executive and attends the board-meetings because of his function. The same counts for the directors of the members of the federation. However, they have voting rights only when their dues have been paid, unless this requirement has been waived temporarily. On behalf of the Board of Human Rights in Mental Health-FGIP,

Vanessa Cameron, Chairwoman

6 September 2021

Balance Sheet At 31 December 2020

(x € 1)

	Reference	31-12-2020	31-12-2019
		€	€
CURRENT ASSETS			
Receivables and prepaid expenses	1	8.600	5.000
Cash at bank and in hand	2	182.659	13.779
Cash in transit		0	1.000
		191.259	19.779
LIABILITIES			
Reserves and funds			
Continuity reserves	3	89.459	17.579
Appropriated reserves		0	0
Destination funds		99.600	0
		189.059	17.579
Current liabilities			
Accrued expenses	4	2.200	2.200
		191.259	19.779

Statement of Income and Expenditure in 2020

(x € 1)

	Reference	2020	2019
		€	€
Income from direct fundraising	5	617.599	232.176
Income from investments and bank interest	5	0	0
TOTAL INCOME		617.599	232.176
COSTS			
Various projects		354.915	185.865
Other expenses (designated funds)		10.800	4.578
Spent on target	6	392.985	190.443
Recruitment benefits:			
Costs own fundraising	6	9.090	5.590
Costs of investments and bank charges		856	768
		9.946	6.358
Others cost			
Accountants costs	6	989	518
Costs of management and administration		27.260	23.181
Office costs		7.110	2.610
Contributions		2.423	1.518
Postage		531	507
Travel cost		0	236
Board and EC meetings		82	4.330
General costs		4.793	3.957
TOTAL EXPENSES		43.188	36.857
Operating result		171.480	-/- 1.482
Appropriation:			
3			
Entry / exit (- / -) to :			
Continuity reserves		71.880	-/- 1.482
Appropriated reserves		0	0
Destination funds		99.600	0
		171.480	-/- 1.482

CASH FLOW STATEMENT 2020

(x € 1)

	2020
Cashflow from operational activities	
Operating results	171.480
<i>Adjustments for:</i>	
Depreciation	-/- 2.600
<i>Changes in working capital:</i>	
Receivables and prepaid expenses	0
Cash in transit	0
<i>Cashflow from operational activities</i>	168.880
Cash:	
Balance January 1	13.779
Balance December 31	182.659
Distance, increase funds respectively	168.880

General principles

1. General

1.1. Annual report

The financial statements are drawn up in accordance with the provisions of guideline 650 Fundraising Institutions and the Dutch Accounting Standards as published by the Dutch Accounting Standard Board.

2. Principles for the valuation of assets and liabilities

2.1. Comparison with previous year

The valuation principles and method of determining the result are the same as those used in the previous year, with the exception of the changes in accounting policies as set out in the relevant sections.

2.2. General

Assets and liabilities are generally valued at historical cost or at fair value at the time of acquisition. If no specific valuation principle has been stated, valuation is at historical cost.

2.3. Transactions, receivables and liabilities

Transactions in foreign currencies are stated in the financial statements at the exchange rate of the functional currency on the transaction date.

2.4 Cash at banks and in hand

Cash at banks and in hand represent cash in hand, bank balances and deposits with terms of less than twelve months. Overdrafts at banks are recognised as part of debts to lending institutions under current liabilities. Cash at banks and in hand is valued at nominal value.

2.6. Reserves and funds

The **continuity reserve** has been formed to ensure continuity in the event of (temporary) stagnation of income and amounts to about 1 times the annual commitments of the The restriction on spending of the reserve is determined by the Board and not a liability. The board may cancel this restriction itself.

Appropriated reserves

Appropriated reserves are funds that the board of FGIP has given a specific destination and are being kept for that purpose. These funds may have been donated to FGIP for that purpose or have been acquired from FGIP general reserves. The board has the right to alter their destination when so desired.

Destination Funds concern the resources obtained with a specific destination specified by third parties.

Additions to and withdrawals from reserves and funds are made by means of result .

Expenditures for which purpose reserve or a designated fund is formed as an expense in the statement of income and expenses recognized.

Explanation to the balance

	31-12-2020	31-12-2019	
	€	€	
Ref.			
1 Receivables and prepaid expenses			
Interest savings	0	0	
Other receivables	8.600	5.000	
	8.600	5.000	
2 Liquid assets			
Banks	182.659	13.779	
Cash in transit	0	1.000	
	182.659	14.779	
The cash is disposable			
3 Reserves and funds	31-12-2020	2020	31-12-2019
	€	€	€
Continuity reserve	89.459	71.880	17.579
Appropriated reserves	0	0	0
Destination Funds	99.600	99.600	0
	189.059	171.480	17.579
	31-12-2020	31-12-2019	
	€	€	
4 Current liabilities			
Accrued expenses	2.200	2.200	
	2.200	2.200	

Notes to the Statement of Income and Expenses

	2020	2019
	€	€
5 BENEFITS		
Donations from private persons	17.557	24.439
Income from governmental subsidies	366.034	55.586
Income from connected organizations	1.200	4.800
Income from other charitable organizations	132.416	106.726
Income from human resource and other deliverables	100.392	39.156
Other income micellaneous	0	1.469
Earmarked	0	0
General gifts	0	0
Income from direct fundraising	617.599	232.176
Income from investments (interest)		
Interest savings	0	0
TOTAL INCOME	617.599	232.176
6 COSTS		
Various projects	382.185	185.865
Other expenses (designated funds)	10.800	4.578
Spent on target	392.985	190.443
Costs own fundraising	9.090	5.590
Cost of investments and bank charges	856	768
Accountants costs	989	518
Costs of management and administration	27.260	23.181
Office costs	7.110	2.610
Contributions	2.423	1.518
Postage	531	507
Travel cost	0	236
Board and EC meetings	82	4.330
General costs	4.793	3.957
TOTAL EXPENSES	53.134	36.857
Result	171.480	-/- 1.482

Accountant's compilation report

To: Foundation Human Rights in Mental Health-FGIP
Amsterdam

The financial statements of Foundation human Rights in Metal Health-FGIP based in Amsterdam have been compiled by us using the information provided by you. The financial statements comprise the balance sheet as at 31 December 2020 and the profit and loss account for the year 2020, with the accompanying explanatory notes. These notes include a summary of the accounting policies which have been applied.

This compilation engagement has been performed by us in accordance with Dutch law, including the Dutch Standard 4410, 'Compilation engagements', which is applicable to accountants. The standard requires us to assist you in the preparation and presentation of the financial statements in accordance with Part 9 of Book 2 of the Dutch Civil Code. To this end we have applied our professional expertise in accounting and financial reporting.

In a compilation engagement, you are responsible for ensuring that you provide us with all relevant information and that this information is correct. Therefore, we have conducted our work, in accordance with the applicable regulations, on the assumption that you have fulfilled your responsibility. To conclude our work, we have read the financial statements as a whole to consider whether the financial statements as presented correspond with our understanding of Foundation human Rights in Metal Health-FGIP. We have not performed any audit or review procedures which would enable us to express an opinion or a conclusion as to the fair presentation of the financial statements.

During this engagement we have complied with the relevant ethical requirements prescribed by the 'Verordening Gedrags- en Beroepsregels Accountants' (VGBA, Dutch Code of Ethics). You and other users of these financial statements may therefore assume that we have conducted the engagement in a professional, competent and objective manner and with due care and integrity and that we will treat all information provided to us as confidential.

We have compiled these financial statements for the management of Foundation human Rights in Metal Health-FGIP to enable Foundation human Rights in Metal Health-FGIP to comply with the obligation to prepare the financial statements. Our compilation report is intended solely for the management of Foundation human Rights in Metal Health-FGIP and should not be distributed to or used by other parties.

For further information on the nature and scope of a compilation engagement and the VGBA we refer you to www.nba.nl/uitleg-samenstellingsverklaring.

Hoogland, 6 September 2021

H.J. Scherrenberg
Accountant-Administratieconsulent

OPERATIONAL BUDGET 31-12-2021 EXPENSES

description	unit	2021		total cost
		cost/unit	no. units	
Human resources				
Chief Executive salary	month	3.600	12	43.200
Financial administrator (contract base)	month	850	12	10.200
administrative support Lithuania (contract base)	month	250	12	3.000
Vorwerk	lumpsum	5.000	1	5.000
Operational expenses				
Operational budget Chief Executive	month	800	12	9.600
EC meeting	lumpsum	6.000	1	6.000
International travel	month	1.000	12	12.000
Office expenses	month	500	12	6.000
Bookkeeping on line	month	100	12	1.200
Euventures	month	99	12	1.188
Project related costs				
Belarus office in Vilnius for meetings	month	450	12	5.400
Publications				
Promotional materials	lumpsum	2.500	1	2.500
Website	month	100	12	1.200
				106.488

INCOME

Human resources				
EU project PIN-NHC		3.000	12	36.000
EU project EU-LT		825	12	9.900
Project Sri Lanka		5.040	12	60.480
Membership dues				
Membership Federation fee		1.200	5	6.000
Operational expenses				
EU project PIN-NHC		470	12	5.640
EU project Belarus		800	12	9.600
Project Sri Lanka		1.850	12	22.200
				149.820