



2012 Annual review

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Foreword

by the GIP-Tbilisi director
Nino Makhashvili

This has been an intense and successful year for the foundation “Global Initiative on Psychiatry-Tbilisi”. We have remained faithful to our strategic directions and effectively carried out several important projects.

To start with, let mention that in 2012 the board of GIP-Tbilisi has been greatly altered – most members were replaced by new ones. On behalf of the organization I would like to thank the “old” board, and especially its former chairman – Dr. Simon Surguladze, for setting us on a sound ground to deal with challenges and barriers ahead. Currently, Dr. David Gzirishvili serves as a chairperson of the foundation. He automatically became a member of the board of Federation GIP that unifies ‘GIP Family’ centers – GIP-Hilversum, GIP-Sofia, GIP-Vilnius, GIP-UK and GIP-USA.

Again, during 2012, we were closely focused on Georgia due to rapid changes and developments here. Continuing our investment also in 2012, we have kept being involved in a reform process – de-institutionalization and building community-based services, training of the workforce and lobbying contemporary, yet culturally sensitive policies and practices.

GIP-T has continued the capacity building program for mental health workforce with powerful training – retraining series; held several conferences, seminars, study tours and workshops on different topics.

It is noteworthy to mention that GIP-T has translated, edited and published an Oxford Handbook on Psychiatry, the first manual in Georgian language that provides a reader with a rich contemporary text in mental health.

As usual we were promoting networking and cross-fertilization among various stakeholders, i.e. GIP-Tbilisi with other 22 local and international NGOs established the National Coalition on Child and Youth Welfare for collective action and advocacy to further children’s rights in Georgia.

A Mental Health Resource Center that is established at Ilia State University has been accommodating various professional societies, workshops, lectures and seminars. We are proud that since fall of 2012 the Center hosts the Master Program on Mental Health with 12 students.

As this report illustrates, GIP-T has made a remarkable move in 2012 towards our goals. I am grateful to my generous colleagues and co-workers, donors and partners, users and their family members. Your unwavering support, sharing, time and energy made it possible to implement our initiatives and fight for better mental health for all.

Introduction

Introduction

Background

The foundation Global Initiative on Psychiatry (GIP) –Tbilisi is a non-governmental, non-for – profit organization that assists professional communities, NGOs, international agencies, governments, and other development institutions in the Caucasus and Central Asia to improve rights-based mental health care.

The organization started its activities in May 2003, under the name of “Geneva Initiative on Psychiatry – Tbilisi” – as Regional Support Centre for Caucasus and Central Asia. In April 2005 the name of the organization has been changed to “Global Initiative on Psychiatry – Tbilisi” (GIP-Tbilisi). GIP-Tbilisi is a member of GIP Federation with GIP-Hilversum, GIP-Sofia and GIP-Vilnius.

Vision

Global Initiative on Psychiatry believes that every person in the world should have the opportunity to realize his or her full potential as a human being, notwithstanding personal vulnerabilities or life circumstances.

Mission

The Global Initiative on Psychiatry considers its mission as to promote humane, ethical, and effective mental health services throughout the world and to support a global network of individuals and organizations to develop, advocate for, and carry out the necessary reforms.

GIP - Tbilisi aims to **work at 3 levels** of society to achieve maximal effect:

Micro Level

In order to find innovative, locally appropriate and acceptable approaches to mental health care in Caucasus and Central Asia region, new, innovative projects and activities are sought and supported. Because of its experimental and piloting character, a proper monitoring and evaluation of results is strongly present.

Meso Level

Here the strategy is to challenge the old soviet model of psychiatry and press for more appropriate, human rights-based mental health care approach by provision of modern literature, training, workshops and conferences to the main actors in mental health care.

Macro Level

The main strategy is to influence the governments to adapt or change current laws on psychiatry conform to universal human rights and to modern standards on mental health and to push government to apply the laws and by-laws into practice; to support development of relevant MH policies and plans; to create the monitoring mechanism and supervising independent bodies for ensuring human rights protection of people with mental ill health.

To achieve the goal GIP-Tbilisi:

- Provides and shares with information on latest achievements, trends and directions in mental health sphere throughout the region;
- Conducts studies in order to envision and plan the corresponding interventions in different fields of mental health care;
- Functions as an organizational and facilitation centre for training programs;
- Promotes local pioneering initiatives and best practices via consultations and advices;
- Facilitates establishment and functioning of local mental health networks and coalitions;

- Promotes cooperation between governmental and non-governmental actors working in mental health sphere;
- Lobbies the governments for adopting and implementing appropriate legislation and policies and implementation of structural changes in the field;
- Provides lectures, conducts workshops and organizes conferences on various aspects of the MH care.

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Program Areas:

- Protection and Advocacy of Human Rights
- Child and adolescent mental health
- Forensic psychiatry and prison mental health
- Psychotrauma and psychosocial aid
- Support of deinstitutionalization
- Legislation and policy
- Promotion of Juvenile Justice reform
- HIV/AIDS and mental health

The board of GIP-Tbilisi:

David Gzirishvili, MD,
Chair (Georgia)
Nestan Duduchava, MD,
Treasurer (Georgia)
Narmin Hajiyeva, MD
(Azerbaijan)
Khachatur Gasparyan,
(Armenia)



GIP-Tbilisi staff

GIP-Tbilisi staff:

Nino Makhashvili, MD, Director
Jana Javakhishvili, Senior program manager
Maia Khundadze, MD, Project manager
Tamar Okujava, MD, Project manager
Nino Agdgomelashvili, Project manager
Irina Chopikashvili, Financial manager
Nino Mkurnali, Fin&admin Assistant

SELECTED ACTIVITIES

Mental Health World Day

Selected



World Mental Health Day (10 October) is a day for global mental health education, awareness and advocacy. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This year on 10th of October, GIP-Tbilisi in partnership with the Mental Health Resource Centre at Ilia State University arranged several activities:



- street action in the upmost crowded avenues in Tbilisi: the volunteer students of Ilia State University wearing printed T-shirts as well as representatives on several NGOs offered all passersby to fill-in the space with fingerprints on the banner and also write the slogans challenging depression
- "Depression: A Global Crisis" (published by WHO) and Fact Sheet flyer "Helping Someone You Know With Depression" were translated into Georgian and distributed for free among journalists and general public;
- Professor Eka Chkonia delivered a lecture "Depression – causes, progress and treatment at the special evening session held out at Ilia State University

Almost all of the Georgian TVs attended the action and interviewed the organizers and participants. The radio and on-line TVs covered the event during the day.

Mental Health Resource Centre and a Master Program in Mental Health at Ilia State University

According to the Memorandum signed by Ilia State University and GIP, Mental Health Resource Centre was founded with the main goal to provide mental health professionals with a range of different learning opportunities, aiming to build on mental health care workers' existing knowledge, skills and attitudes. The Mental Health Resource Centre contains a large lending library with many reading materials, videos, training kits, newsletters, brochures and fact sheets on mental health and related issues. The library was donated to the Center by the widow of the prominent American Psychiatrist Melvin Sabshin (post-mortem). Two research computers are available for searching the library and internet. The Center welcomes the opportunity to explore how it can best meet personal and professional development requirements and encourages feedback at any time.



A Master Program on Mental Health has been started in October 2012. The first stream of the 12 students entered the program the same year. The program is 2 years long, is multidisciplinary and provides degrees in Social Psychiatry and Psychotraumatology.

activities

Transition in the East Alliance (TEA) program visits Georgia

A mission including TEA Program Director Sebastian Dinjens, World Granny representative Merlijn Koupprie, and Dutch master student Daphne Willems visited Georgia in March 2012 to become acquainted with the local situation and set up research to obtain baseline data for planning activities aiming to support NGOs and CBOs in provision of microfinance and livelihood services to marginalized groups. The research was conducted by Daphne Willems. The aim of the research was threefold: first, to provide insight in the problems of IDPs' (Internally Displaced People) regarding livelihood development and income generating activities; second, to provide insight in organizations which have activities concerning income generating activities for IDPs; and third, choose a GIP-T partner organization for implementation of the livelihood development focused component of TEA Program in Georgia. The recommendations for setting up an income-generating project with IDPs came out of the research and the Georgian partner organization – Elkana was selected to implement the project focused at income generation for internally displaced people from 2013 onwards.

TEA-team also visited the ARBO, the social enterprise which were supported by the project during previous years.



Graham Thornicroft gives a lecture



Prof. Graham Thornicroft (Institute of Psychiatry, King's College London) visited GIP-Tbilisi. During his working visit he gave a lecture "Balancing Hospital and Community Mental Health Services" at Ilia State University. Prof. Thornicroft was also familiarize with ongoing MH reforms in Georgia and visited some mental health services.

Selected

Cooperation in the Process of Children's Deinstitutionalization in Georgia



On February 3, 2012 the directors of the Social Service Agency of MoLHSA and of GIP-Tbilisi signed the memorandum which aimed at promoting cooperation within the process of children's deinstitutionalization in Georgia in order to provide delivery of effective mental healthcare service for children; in particular, to implement a rapid assessment of mental health needs for children accommodated in small family-type houses, identification their problems and elaboration a set of recommendations with purpose to provide further assistance.

The given memorandum implied rising educational level and improving practical skills of personnel responsible for children care in especially actual issues concerning children and adolescent mental health care and promotion.

The rapid assessment study of mental health needs has been designed and carried out by experienced team of GIP researchers. 25 houses from all regions of the country were visited and 284 children and 25 caregivers were interviewed. The data is gathered and analyzed.

Protected Living Environment (PLE) development in Georgia



A round table meeting was organized on March 22, 2012 at the hotel "Courtyard Marriot". The topic of the event was "Protected Living Environment: needs and development prospects in Georgia". The results of research referred to the needs for protected residential facilities in mental health sphere was presented by GIP-T team. In the second round the participants discussed the recommendations on elaboration of development policy for residential houses. Long-term treatment (transition stage) and protected residential institution guidelines that were developed together with Dutch experts has been presented to the Healthcare Ministry and professional community; the guidelines describe rules and regulations of PLE, daily

activities in protected living facilities, admission and discharge procedures, job descriptions of personnel, etc.

The meeting aimed to present the perspectives of development of the similar residential facilities in Georgia, based on the above mentioned research and international experience.

On this preliminary stage, GIP-Tbilisi organized 2-day workshop in January in Batumi. 17 participants represented different mental health centers countrywide, Ministry of Labor, Health and Social Affairs (MoLHSA) and Social Service Agency.



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activities

Oxford University psycho-geriatrics team visits Georgia

In the frame of TEA Program, an Oxford University psycho-geriatrics' team under leadership of Dr. Philip Wilkinson visited Georgia twice (Spring and Autumn, 2012). The team had conducted a series of the multidisciplinary psycho-geriatrics care workshops to Civil Society Organizations and governmental institutions in Tbilisi and Telavi. The series of workshops took place with the involvement of Home Care Coalition, Alterego Union and Tbilisi Mental Health Centre; in total 30 professionals attended three workshops and enhanced their capacity to work with elderly people with mental health disorders.

Development of Georgian National Clinical Practice Guidelines



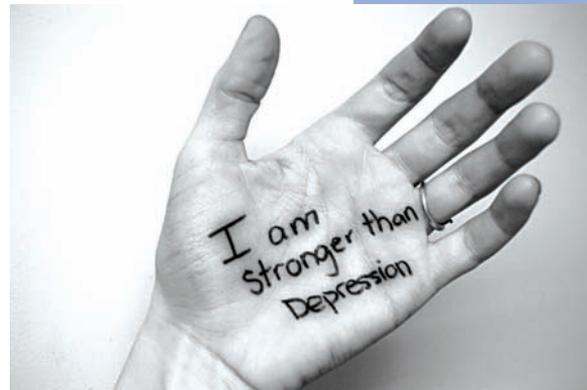
The study on priorities for development effective treatment and management guidelines of mental disorders was carried out and top priorities were revealed. Then GIP-T has initiated the 1st phase of the OSGF funded project: "Revision and Development of Georgian National Clinical

Recommendations (Guidelines) in the Treatment and Management of Mental Disorders". The technical experts were supported by the mental health professionals (in working groups) and international experts. In May 2012 the experts finalized 2 clinical guidelines:

- Treatment and Management of Depression in Adults and
- Treatment and Management of Schizophrenia in Adults.

Both guidelines have been submitted to the Ministry for adoption.

In September the 2nd phase of the process was started. On the base of small-scale research among the psychiatrists working with children, the most relevant topic - depression among children and adolescents - was identified. The expert have started to develop a new guideline: Treatment and management of Depression in Children and Young People, according the NICE and APA recommendations. The process is still ion-going.



Selected

Supporting Juvenile Justice Reform

GIP-Tbilisi is closely involved in work of Inter-Agency Coordination Council on Criminal Justice Reform, lead by Ministry of Justice; we are active in Juvenile Justice group as well as Penal Reform working group, providing input to Strategy of JJ reform, Strategy of Prevention of Juvenile Delinquency, Action Plan of JJ reform, etc.



To support the secondary prevention of juvenile delinquency, GIP-Tbilisi (November 2012) has started a new EU funded project “Promoting child rights and preventing juvenile delinquency by introducing RRR practices to Samtredia School”. The action is co-financed by the Dutch government in the frame of TEA program.

The project is focused at Samtredia boarding school N15 and intends: to strengthen the institutional capacity of the School via development its regulations and guidelines, discharge and referral procedures; to build up the professional competencies of the staff empowering them with appropriate and practical knowledge and skills; and, most important, to establish the

child-focused, intensive RRR (Rehabilitation-Reintegration-Re-socialization) programs and interventions that address the needs of student-inmates. RRR practices include proper assessment mechanisms, planning of the intervention and enrolling juveniles in different protocolized programs that enhance their skills, contribute to social competence, emotions regulation, overcoming specific problems, etc. and ensure a prevention of further delinquency and criminalization.

By these means the School will meet the requirements of the preventive humane service for juveniles with troubles and avoids being an institution of isolation and stigmatization.

Project partners: Georgian Center for Medical and Psychosocial Rehabilitation for Victims of Torture (GCRT) and Global Initiative on Psychiatry – Hilversum.



Volunteers at GIP-T

For the last couple of years volunteers from the USA work for GIP-Tbilisi during 3 weeks. This time Daniel Underberg, a student of Williams collage (Williamstown, USA) assisted GIP staff in current activities.

activities

Capacity

CAPACITY BUILDING

Monitoring, Evaluation, Supervision

16 representatives from the GIP partner CSOs (Civil Society Organizations) participated in the training on the supervision delivered by the two German experts – Dr. Nora Balke and Dr. Katharina Strum-Larondelle from DGSV (German Institute for Supervision), Berlin. 5 days training was dedicated to building participants' capacity to supervise their organization's both central and regional services staff to assure quality of mental health care provided to the following marginalized groups: victims of torture, victims of family violence, children, adolescents and their families traumatized in a result of armed events, children with behavioral problems, elderly with mental health problems. The basic course of supervision was delivered during the workshop, revealing gaps in knowledge and skills of the participants; certain home-work was given to the trainees to practice before the more advanced level of the training.



Organizational Assessment and Organizational Development

Three days training was delivered by the Dutch expert Akke Schuurmans in organizational assessment and organizational development for 13 GIP-Tbilisi partner CSOs, to build their capacity for organizational self-assessment and monitoring of development. The basic knowledge and skills were built during the event, the gaps identified for the next training so that we can address those explicitly in the future.

Building

Capacity

Family Psycho-social Intervention



5 days workshop was conducted by American Georgian Family Psycho-Social Intervention expert, Clinical Social Worker Ia Elua with the 18 representatives from GIP-Tbilisi partner organizations aimed to enhance their professional knowledge, skills and capacity to work with the families in need: those, having members with mental health problems, juvenile delinquents, imprisoned family members, elderly with Alzheimer disease, traumatized in a result of armed conflicts, etc. The basic knowledge and skills were practiced, gaps in knowledge and skills of the participants identified, the next stage of the capacity building discussed and planned, and a strategy for online supervision by the expert was agreed on.



Old Age Psychiatry and Suicide & Homicide Prevention



Two workshops in psycho-geriatrics and suicide prevention were provided by the Swedish expert Dr. Karin Sparring Björkstén from Karolinska Institute (Sweden) to the network of GIP-T partner organizations. In total, 42 persons participated in the workshops, which took place in GIP-Tbilisi Mental Health Centre at Ilia State University. The first training was dedicated to the suicide prevention covering the Greenland's experience; the second workshop was dedicated to the old age psychiatry.

building

Trainings for Prison Medical Personnel and Regime staff

Series of trainings were delivered by GIP-Tbilisi experts to the penitentiary medical and regime staff. 17 trainings were carried out and 272 representatives of the penitentiary institutions (including 11 prison psychiatrists) were trained countrywide. Topics: prison mental health, human rights, right to health and patients' rights, etc. It was important start up training for those psychiatrists, who never worked in the prison system.

Participants of "Professional" trainings - prison doctors (GP), prison psychiatrists, nurses, psychologists and social workers mostly were trained in mixed groups (the mixed composition of the group promotes a Multidisciplinary Team (MDT) approach to the healthcare and also a case management concept). Though, some of the trainings were conducted separately for the prison social workers, on request of the Penitentiary Department.

Separate trainings were conducted for the staff of the women prison and juvenile facility, considering the specifics of each institution.

The regime personnel, which deal with prisoners on a daily basis, were trained in basics of HR concept and also in early detection of mental health problems (suicide, psychoses, depressive disorder, etc.)



ToT at MCLA Training Center

In May the 5-day ToT was conducted for the trainers of the Penitentiary and Probation Training Center (PPTC) of Ministry of Corrections and Legal Assistance (MCLA). The administration of the PPTC together with the Medical Department of the Ministry selected 9 experienced trainers -familiar with HR concept and health care issues.

After the successful completion of the training all participants are able to conduct these trainings independently for the healthcare and "regime" staff of the penitentiary institutions, though GIP-T will be providing supervision if needed and any methodological and content-wise support when requested.

The final product, the ready program of the training on "Mental Health and Human Rights in Penitentiary institutions" – Modules with exercises, cases and teaching methodology was given to the PPTC for incorporation into the official curriculum and further replication during planned trainings by their trainers.

The training course is officially acknowledged as a training course of PPTC.



Capacity

Trainings on Early Intervention



GIP-Tbilisi supported its Polish partner - Helsinki Human Rights Foundation to organize the 6-day seminar “Promoting development of a child at an early age as the condition for realization of the right for education by children with mental disabilities” in Georgia. The Ministry of Foreign Affairs of Republic of Poland within the foreign aid program “Promoting Democracy” funded the event. Mental Health Resource Centre at Ilia State University hosted this seminar during October, 14–19.

The seminar covered several topics, among them: early intervention; integrated teaching; medical and diagnosing of psychological development in early age; children development and family support methods in case of motor, hearing, vision deficits, basics of alternative communication; complex programs in therapy for infants; social models of mental disability in context of human rights; early

support as a chance for acting against marginalization and social alienation;

The governmental as well as NGO representatives (22), working on children development diagnostics and promotion at an early age, took part in the seminar. The Polish Embassy representatives also attended the event last day.



Polish aid

Workshops in Child Psychiatry

GIP-Tbilisi invited the psychiatrists which actively work with children and adolescents, 15 altogether. Discussing, the group selected most actual topics such as: autistic disorders and neuropsychological testing, management and available services, child and adult psychopathological services, anxiety and emotional disorders, tics, obsessive compulsive disorders, behavioral disorders, attention deficit and hyperactivity, schizophrenia, mental retardation and other psychotic disorders characteristic for children age.

The provided workshops were intense, full of case materials and case discussions.



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The coordination of these meetings was assigned to GIP, which will organize the meetings of child and adult psychiatrists every two months and will elaborate action plan for the nearest future.

building

Enhancing Professional Competences of MH Professionals

In 2012 the capacity building and on-job retraining process of MH workforce has been continued. Professional competence building of mental health workers is a part of the UNDP financed project "Support to Mental Health reforms in Georgia" (1st phase, 1.05.2011–1.12.2012)

The editorial works and publication of all the training modules for mental health personnel capacity building were completed. 10 modules cover all important areas on the retraining programme: Clinical Psychiatry (2 modules), Multidisciplinary Team work and Case Management, Aggression management, module for Nurses, Child and Adolescent MH, PS Rehabilitation, Social Psychiatry, Protected Living Environments, Crisis Intervention .

The statistic data about organized trainings is as follows:

1. Clinical psychiatry – 89persons (two cycles)
2. Nurses in mental health sphere – 77persons (two cycles)
3. Aggression management – 306 persons
4. Crisis intervention – 30 persons(three cycles)
5. Social psychiatry – 30 persons (two cycles)
6. Psychosocial rehabilitation – 22 persons
7. Multidisciplinary team and case management – 262 persons

All trained medical personnel got the training attendance certificates from MoLHSA.

On November 27, 2012 the closing conference "Support to Mental Health Reform in Georgia: Enhancing Professional Competences" was held at Tbilisi-Marriott Hotel.



Visiting Dutch Juvenile Justice system

In September GIP-Tbilisi organised the study visit to the Netherlands with a group of 6 people from the Georgian Ministry of Penitentiary and Legal Aid. The goal of the study tour was familiarization with Dutch system of Juvenile Justice. The group visited some institutions:

JJI Hunnerberg (Nijmegen) – modern closed facility for juveniles in age of 12-24, for 66 people;

Penitentiary Institute Havenstraat - Project TR (reduce recidivism), Social and Psychological care with the focus on aftercare;

Salvation Army inclusive, Prison Gate Office (PGO) -Institute for probation and care for the people and families who have come in contact with the department of Justice.

Bascule - Forensic psychiatric treatment for 12-22 years juvenile with behavioral and psychiatric problems, which already have contact with justice or are prone to do so.

The Dutch hosts shared their experience and approaches to Georgian visitors.



Services



FCCC – Family and Child Care Centre

Established as a pilot service in 2010 in the frame of EU funded project the FCCC continued activity with support of TEA program since March 2011.

Family and Child Care Centre (promo leaflet)

The Family and Child Care Center (FCCC) offers free qualified psycho-social service to children, adolescence and their families, with behavioral and emotional problems. Center's multidisciplinary group (psychologists, social workers, child psychiatrist, child neurologist/psychosomatic) will assist in the following:

To children:

- Impulsive behavior managing and self-control building
- Decrease and complete withdrawal of aggressive behavior
- Regulating and managing emotions
- Solving existing problems consisting of peer group and other relations
- Problem solving, communication and conflict managing skill

building

To member of their families:

- Improving relationships within families
- Improving communication within parent and child

Service of the center includes:

- Psychological, medical and social consultation and guidance
- Group sessions for children and adolescence, which will assist them to build life's important skills and overcome behavioral problems
- Group sessions for parents, which will assist in upbringing child and solving related problems
- The center will serve children, adolescence and their family members in age 4-18. Receiving clients can be processed directly in the center, as well as by calling out specialists to the needed locations.
- Confidentiality will be guaranteed.

*The center is working everyday from 10am-7pm, except of Sunday. Free of charge service
Address: 50, I.Abashidze str. Tel. 214 3434*



Services

Family and Child Care Centre (FCCC) works in Tbilisi with children and adolescents with behavioral problems, juveniles in conflict with law and their families. During 2012, the FCCC served 283 clients; among them were juveniles with behavioral problems under the risk to develop delinquent behavior and get into conflict with law, and juveniles in conflict with Law (so called Probationers and Diversion Program beneficiaries). The multidisciplinary team of psychologists, psychiatrist and social workers were assisting these juveniles by providing comprehensive psychosocial care which implied: case management, family focused psycho-social intervention, psychotherapy, psychiatric counseling and social support.

FCCC beneficiaries who were involved in Art&Crafts Workshop congratulated GIP-T with an exhibition dedicated to Christmas and a New Year Eve. The papier-mâché crafts and other products designed and hand-made by juveniles were presented; their family members also attended the event.



 Transition
in the East

Gori Trauma Centre TSISKARA

The Centre works with internally displaced people (IDP) in Gori and buffer zone villagers, namely with children, adolescents and their families, traumatized as a result of military conflict and experiencing mental health problems.

During 2012 “Tsiskara” served 102 clients. The multidisciplinary team of psychiatrist, psychologists, social workers have assisted IDP children, adolescents and their families by providing comprehensive psycho-social care which implied: field visits and psycho-education of community; psycho-education of school administration and teachers as well as IDP families; case management, family focused psycho-social intervention, consultations and counseling, social support, etc.



Services

Women Prison Mobile In-Reach Team



Prison Aid In-Reach multidisciplinary team works with female in-mates of Rustavi #5 penitentiary institution since April 2011. Initially, the assistance was provided to the accused women, in pre-trial department of the facility. From January 2012, under the EC funded project “Building up Rehabilitation, Re-socialization, Re-integration and Mental Health Services for Women Prisoners and Detainees in Georgia”, the MTD team was broadened - 2 psychiatrists, 4 psychologists and 2 social workers started work as well as in prison department.



The Team provides:

- Primary screening for MH problems
- Consultancy and support to persons with MH problems
- Setting up the suicide prevention system
- Promotion of the system of the individual approach

218 primary and 332 repeated consultations were provided during the year 2012. 258 accused and 86 convicted women went through the comprehensive care via psycho-education, psychotherapeutic counseling, crisis intervention, psychiatric consultation and treatment, etc.

From June 2012 the team piloted rehabilitation, re-socialization and re-integration (RRR) programs with convicted women prisoners. “Mother and Child program”, “Social competence building program” and “Psycho-correctional work sessions” were designed and carried out. The programs enable the beneficiaries to improve their social adaptation skills, work indirectly on their moral and personal development, re-evaluate their values; to learn new strategies to tackle the conflict and manage anger, etc.

Psychological Assistance for Juveniles being in conflict with Law

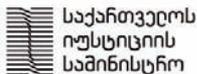


Juvenile Justice Reform is a key component of overall Criminal Justice Reform. In the beginning of 2012 Ministry of Justice (MoJ) announced a grant competition for NGOs with a purpose to support the juveniles being in conflict with law. GIP-Tbilisi and other 7 NGOs won the competition.

The referred juveniles got the psychological service at GIP-T service Family and Child Care Centre (FCCC).

Creation of a common working platform among the winner NGOs was one of the activities of GIP-T project. 3 platform meetings were organised during 2012, where the participants with purpose to act in synergy, shared information about their projects, exchanged with new ideas and findings. Also the representatives of MoJ and other decision makers attended the meetings. For the last meeting in 2013 the platform group plans to elaborate the set of recommendations that will assist to promote juvenile justice reform.

In the frame of the project several trainings were organised for teachers, social workers, probation officers and other professionals on recognition of juvenile delinquency and conducting responsive measures.



Services

Support to Avchala Juvenile Detention Facility



During 2012 GIP-T had continued its support to the juveniles detained at Avchala facility. We have provided some supervision and training sessions to psychosocial team working with juveniles; consultancy and therapeutic interventions, also some technical assistance to maintain arts and crafts workshops there.



Capacity building of Martkopi House

Martkopi house is a relatively newly established facility for adults (above 18) with mental and physical disabilities, transferred from child institutions.

GIP-T through its experts' team has provided trainings and supervision sessions to teachers, nannies and other personnel. The individual planning for each beneficiary was introduced; human rights-based principles of care were promoted.

Social enterprise ARBO

ARBO is a social enterprise manufacturing wooden toys and furniture for children. FOR HEALTHY GENERATION is a promo of the enterprise.

In 2012, GIP-Tbilisi, in the frame of TEA Program, continued to support the ARBO social enterprise, employing 10 workers (including 2 juveniles in conflict with law and 2 young probationers). The probationers and juvenile delinquents had a constructive social environment for socialization, mutual support and self-help which facilitates a process of their social re-integration.

In Spring ARBO hosted the students from the project "Students for Social Changes" (British Council, CSRDG and EPF). Project aimed to promote a concept of social entrepreneurship among youth and active involvement of business school students in social entrepreneurship arranging competitions for the best social entrepreneurial solutions and linking them with active NGOs with operating SEs. Georgian-American University won the competition for presentation the ARBO.

In April ARBO participated in Social Entrepreneurship exhibition and philanthropic lottery and in June in a students' event "Toy Action" for socially unprotected children. Both actions were held at the European House. ARBO donated with own made wooden toys.

This year ARBO developed products from small-scale puzzles to big-size wooden structures for playgrounds.



Publications

Publications 2012

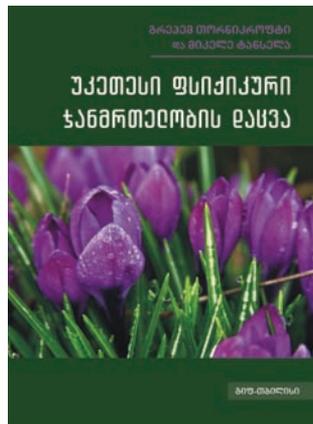
Shorter Oxford Textbook in Psychiatry by Michael Gelder, Paul Harrison and Philip Cowen



This is a first Georgian translation of the Shorter Oxford Textbook in Psychiatry, 5th edition written by three of the most experienced clinicians and researchers in European Psychiatry and neuroscience. The book is one of the best examples of the genre. The text is clearly written, effortless to read and is replete with essential information.

The book provides an introduction to all the clinical topics required by the trainee psychiatrists, including all the sub-specialties and major psychiatric conditions. Throughout, the authors emphasize the basic clinical skills required for the full assessment and understanding of the patient. Discussion of the treatment includes not only scientific evidence, but also practical problems in the management of individual patients.

Better Mental Health Care by Graham Thornicroft and Michele Tansella



This book has a very clear objective: how better care could achieve better outcomes for people suffering from mental disorders. It offers a clear and practical, step-by-step guide on how to plan and implement mental health services to provide better care. The information presented in this book is based upon three cornerstones: ethics, evidence and experience.

A new approach, the Balanced Care Model is described in this book and is one that learns from past successes and mistakes, and which combines both hospital and community based care. What clearly emerges from the book is that while extra resources are very difficult to identify, the transfer of resources from hospital to community services is a realistic and viable model. This is an important point because it shows that service planners cannot build a parallel service, community and hospital, without clearly decreasing the investment in hospitals, liberating resources and moving those resources towards community services.

Publications

Steps for Changes. A Human Rights Action Guide for Health Workers

This is a translated into Georgian guide for health workers who want to use human rights to improve their healthcare system.

Health workers have a unique position because they are the ones who directly experience and see the effects of those aspects of a healthcare system that do not conform with human rights. Due to the nature of their profession health workers inevitably play a role in the protection and realisation of health related human rights.

Through its training courses IFHHRO has helped health workers understand how their profession is connected to human rights.

The guide provides basic information on the interrelation between healthcare and human rights as well as a set of practical steps on how to frame healthcare problems as human rights issues and find out what steps to take for change.



Human Rights and Mental Health in Prison

The publication address the issues of human rights, right to health and mental health, patients rights in penitentiary establishments. It contains concise and easy-to-understand information on common mental disorders and problems and practical hints for dealing with anxiety, depression, etc. This brief manual will assist both in-mates and personnel working in prisons.

The booklet is prepared and published in the framework of EU and IFHHRO funded project “Enhancing respect for rights of prisoners through promotion of right to health, including mental health”.

Drug Annual Report-2012

Drug Annual Report for 2012 was elaborated and published by GIP-Tbilisi drug expert together with the group of colleagues from the following institutions: Georgian National Centre for Disease Control, NGO Alternative Georgia. The report is based on the standards of the EMCDDA (European Monitoring Centre for Drugs and Drug Addiction) and reveals peculiarities of Georgian drug situation according 5 key eppidemiological indicators, as are: Drug Use in General Population/Youth, Problem Drug Use, Drug Treatment Demand, Drug Related Death and Mortality, Drug Related Infectious Diseases; besides, drug law enforcement indicators were covered, as are: drug market and prices, drug related offences and drug seizures. The report is distributed among relevant governmental agencies and non-governmental and international partners and represents solid baseline information for drug strategic action plan which is currently in a process of elaboration in the country.

