

Mental
Health
for All

შევახმირეთ არასრულწლოვანთა დანაშაული
სამტრედიის სკოლის მაგალითი

პროექტი დაფინანსებულია
ევროკავშირის მიერ



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by the European Union

პროექტს ახორციელებს
გიფ-თბილისი



Project is implemented
by GIP-Tbilisi

PREVENTING JUVENILE DELINQUENCY
Samtredia school practices

2013

Annual review



Global Initiative on Psychiatry - Tbilisi

Annual review 2013

GIP-Tbilisi

Contents

3	Foreword
4	Introduction
6	Selected activities
16	Capacity building
19	Different
20	Talking finances

Piece of Progress prize	6
Conference and Exhibition at the Parliament	6
Comprehensive Mental Health Care Conference	7
Development of livelihood for socially vulnerable populations	8
Joint Efforts to Promote Prevention of Juvenile Delinquency	8
Trauma and society conference	9
Central Asian mental health workers' study visit to Georgia	10
Mental Health Resource Centre and Master program at Ilia State University	10
Support to Mental Health reform in Georgia by Developing a National Action Plan	12
Confidence building in conflict affected regions	13
Personal and social development opportunity to everyone!	13
Keeping balance between rights and safety.....	15
Building up MH services for women prisoners and detainees	15
Monitoring, Evaluation, Supervision	16
Bridging Eastern and Western Psychiatry.....	16
Development of Georgian National Clinical Practice Guidelines and providing ToTs	16
Strengthening of institutional capacity and building professional competencies	17
Trainings and consolidation monitoring in penitentiary institutions in collaboration with ICRC	18



Foreword

by the GIP-Tbilisi director
Nino Makhashvili

Yet another, both a routine and creative year passed away. GIP-T staff is pleased to present results of our work during 2013 to colleagues, stakeholders, and friends.

Again we tried to fulfill our vision, mission and strategic directions; to achieve it we have implemented some vital new projects, continued with already initiated ones and conceived new actions. We have heavily involved in advocacy and lobbying, networking and policy dialogue, promotion of human rights, and other important mechanisms and instruments, i.e. CRPD, WHO mhGAP, etc.

During 2013 GIP-T tried to sensitize the Parliament of Georgia on importance of mental health system and acute challenges of the field; we lobbied a development of the National Action Plan of the reform with Ministry of Health and Social Affairs, kept working in the Georgian penitentiary system on introducing a new mental health initiatives, also with war-affected populations. We tried to reach out to our colleagues, students, service users, foreign partners and policy-makers. It was a rich year – full of events as trainings, workshops, meetings, conferences, etc.

I believe that the Foundation was true to its course in 2013 as well and this was possible by tireless efforts of its staff. Thus, I extend my gratitude to my team members at GIP-T – excellent, bright and devoted ladies. My gratitude goes also to our partner organizations, beneficiaries and their family members, our donors and supporters. Do hope that we continue our movement for humane mental health care system in Caucasus and Central Asia together.

Introduction

Global Initiative on Psychiatry – Tbilisi

Background

The foundation Global Initiative on Psychiatry (GIP) –Tbilisi is a non-governmental, non-for – profit organization that assists professional communities, NGOs, international agencies, governments, and other development institutions in the Caucasus and Central Asia to improve rights-based mental health care.

The organization started its activities in May 2003, under the name of “Geneva Initiative on Psychiatry – Tbilisi”– as Regional Support Centre for Caucasus and Central Asia. In April 2005 the name of the organization has been changed to “Global Initiative on Psychiatry – Tbilisi” (GIP-Tbilisi). GIP-Tbilisi is a member of GIP Federation with GIP-Hilversum, GIP-Sofia and GIP-Vilnius.

Vision

Global Initiative on Psychiatry believes that every person in the world should have the opportunity to realize his or her full potential as a human being, notwithstanding personal vulnerabilities or life circumstances.

Mission

The Global Initiative on Psychiatry considers its mission as to promote humane, ethical, and effective mental health services throughout the world and to support a global network of individuals and organizations to develop, advocate for, and carry out the necessary reforms.

GIP - Tbilisi aims to **work at 3 levels** of society to achieve maximal effect:

Micro Level

In order to find innovative, locally appropriate and acceptable approaches to mental health care in Caucasus and Central Asia region, new, innovative projects and activities are sought and supported. Because of its experimental and piloting character, a proper monitoring and evaluation of results is strongly present.

Meso Level

Here the strategy is to challenge the old soviet model of psychiatry and press for more appropriate, human rights-based mental health care approach by provision of modern literature, training, workshops and conferences to the main actors in mental health care.

Macro Level

The main strategy is to influence the governments to adapt or change current laws on psychiatry conform to universal human rights and to modern standards on mental health and to push government to apply the laws and by-laws into practice; to support development of relevant MH policies and plans; to create the monitoring mechanism and supervising independent bodies for ensuring human rights protection of people with mental ill health.

To achieve the goal GIP-Tbilisi:

- Provides and shares with information on latest achievements, trends and directions in mental health sphere throughout the region;
- Conducts studies in order to envision and plan the corresponding evidence-based approaches and interventions in different fields of mental health care;
- Functions as an organizational and facilitation centre for training programs;
- Promotes local pioneering initiatives and best practices via consultations, expertise and advices;
- Facilitates establishment and functioning of local mental health networks and coalitions;

- Promotes cooperation between governmental and non-governmental actors working in mental health sphere and cross-sectorial cooperation as well;
- Lobbies the governments for adopting and implementing appropriate legislation, policies, strategies and programs for structural changes in the field;
- Provides lectures, conducts workshops and organises conferences on various aspects of the MH care;
- Supports service users and their movement; promotes effective enactment of corresponding national and international instruments/mechanisms to arise public awareness and combat mental illness related stigma

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The board of GIP-Tbilisi:

David Gzirishvili, MD, Chair (Georgia)

Nestan Duduchava, MD, Treasurer (Georgia)

Narmin Hajiyeva, MD (Azerbaijan)

Khachatur Gasparyan, (Armenia)

Program Areas:

- Protection and Advocacy of Human Rights
- Child and adolescent mental health
- Forensic psychiatry and prison mental health
- Psychotrauma and psychosocial aid
- Support of deinstitutionalization
- Legislation and policy
- Promotion of Juvenile Justice Reform
- HIV/AIDS and mental health

GIP-Tbilisi staff:

Nino Makhashvili, MD, director

Jana Javakhishvili, Senior program manager

Maia Khundadze, MD, Project manager

Tamar Okujava, MD, Project manager

Nino Agdgomelashvili, Project manager

Ketevan Pilauri, Project manager

Irina Chopikashvili, Financial manager

Nino Mkurnali, Fin&admin Assistant



GIP-Tbilisi staff

SELECTED ACTIVITIES

Selected

Piece of Progress prize



"Piece of Progress" prize is awarded to Dr. Nino Makhashvili, GIP-Tbilisi Director, for the contribution to the field of Georgian penitentiary healthcare. On December 3, 2013 the Ministry of Corrections and Legal Assistance held a conference entitled "Prison Health Care Reform in Georgia – we are keeping our promise". The minister of the Correction and Legal Aid – Mr. S. Subari and the minister of Justice – Ms. T. Tsulukiani awarded out honors to 14 persons from the State and Non-Governmental organizations.

The Ministry presented a report on prison healthcare system achievements during 2013, alongside with challenges and future plans. After the measures taken during the first phase of reforming project, mental health and psychiatric care of the prisoners, treatment and rehabilitation of drug addicted inmates, as well as the continuity of medical care still remains as a challenge.

Conference and Exhibition at the Parliament

On March, 7 GIP-Tbilisi organized the exhibition and a conference 'Better mental health - contemporary models, needs, problems and ways of solving' at the Parliament of Georgia. The Head of the Healthcare and Social Issues Committee D.Khundadze led the conference. Among the participants were the members of the Healthcare and Social Issues committee and Legal issues committee of the parliament, Deputy Minister and senior specialists from MoLHSA, Public defender of Georgia, managers of mental health facilities, users and their family members, representatives of professional societies and NGOs working in MH sphere, also from UNDP.



During the conference were presented and discussed international MH standards and modern



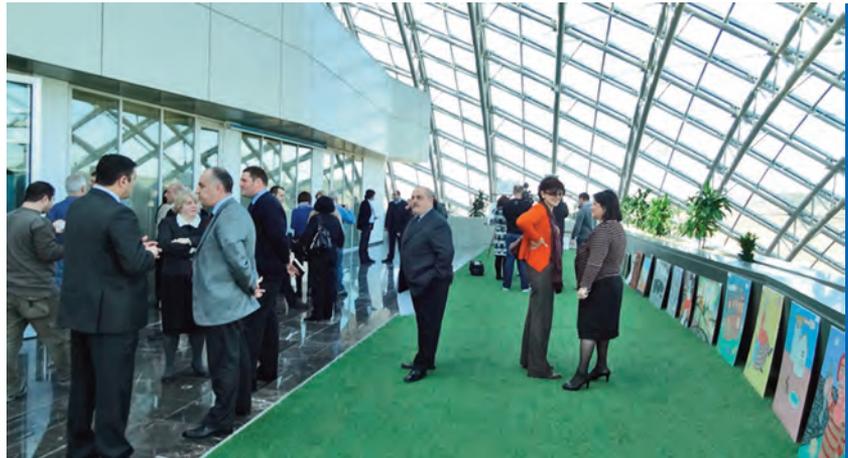
activities



approaches, hospital care and effective pilots of community MH services in Georgia, health and social needs of people with MH disability. Attention was focused on need to increase the program financing. The attendees discussed the possibilities to improve the MH system in the country.

The art of people with mental health problems enriched the conference – the pieces of creative art were exhibited in the gallery of the Parliament, among others paintings and drawings, handmade production, etc. Many MPs and other invited guests visited the exhibition. Public broadcasters highlighted both events.

The event was supported by TEA project. The exhibition was co-funded by OSGF.



Comprehensive Mental Health Care Conference

In October a very important international gathering took place in the frame of TEA program, namely a Comprehensive Mental Health Care Conference was organized by GIP-T in Tbilisi, and colleagues from the TEA Program partner countries - Laos, Sri Lanka, Tajikistan, Vietnam, as well as Dutch and British mental health experts participated in it. The conference gave a floor to the mental health professionals to exchange experiences, knowledge and discuss lessons learned in the process of TEA Program implementation. Dr. Graham Thornicroft from UK shared newest evidence on comprehensive mental health care with the audience.

Transition in the East Alliance Program in Georgia contributes to the building of institutional mechanisms of Mental Health Care in the country, to pro-



Selected

promote social inclusion of such vulnerable groups, as are: People with Mental Health Problems, Internally Displaced People, Juveniles in conflict with Law, etc. To achieve that, Transition in the East Alliance Program has been implementing three following components of the program:

- Capacity building of the CSOs working in the field of mental health care in the country
- Development of livelihood of such socially vulnerable groups as are internally displaced people
- Developing institutional mechanisms and provision of comprehensive mental health care to the marginalized groups.



Development of livelihood for socially vulnerable populations

Development of livelihood of such socially vulnerable groups as are internally displaced people: this component of the project is focused at implementation of the livelihood development and income generation activities for Shavshvebi, Skra and Karaleti IDP settlements. In 2013 Shavshvebi IDP settlements were targeted by the pilot project which was implemented in cooperation with local NGO Elkanaand resulted in 9 income generation initiatives engaging up to 30 IDPs. The lessons learned out of this pilot project were discussed in December, 2013, with participation of target group representatives, and local, Dutch and Vietnamese experts.

Joint Efforts to Promote Prevention of Juvenile Delinquency

The children and adolescents with emotional and behavioural problems need special attention and support due to high risk of delinquency and crime rate. It is for the first time Georgian government suggested realistic way of dealing with the above mentioned problem using the efficient service experience piloted by the non-governmental sector.

A juvenile delinquency prevention service Family and Child Care Centre (FCCC), which was established in 2010 in the frame of EU funded project and then developed in the frame of TEA program (in the years 2011-2013), was successfully incorporated into the governmental service under the roof of the Ministry of Education and Science of Georgia. Namely, since March 2013 the centre became a core of the Ministry's Psychological service and thus became sustainable. The 'official transition' was held at Sheraton Metechi Palace on April, 23. Representatives of the Ministry of Education and Science, the Ministry of Justice and the civil society working on juvenile delinquency prevention, participated



activities

in the meeting. Representatives of Ministry of Justice, Social Service Agency, UNICEF, Samtredia school and relevant NGOs also attended the event. Preventive programs to reduce juvenile delinquency were the key point of discussion.



Trauma and Society conference



On April 26-27 GIP-Tbilisi with Georgian Society of Psychotrauma, GCRT and Union Saphari hold a conference Trauma and Society in memory of our colleague Natalia Zazashvili.

Prof. B. Drozdek (NL) was a key note presenter, alongside with Dr. O.Reisner and D.Jishkariani.

Intercultural perspectives on individual and collective strategies of making peace with own past was the theme of the conference. The presentation on the following topics took place: 'How do we salve our wounds?', 'From Holocaust to Boston – transmission of trauma across generations', 'Dreamland between evil and good'(Balkan crisis experience), 'Fear of knocking on doors after 75 years – Stalinism in Georgia', 'Trauma of war and family violence', 'Torture and inhuman treatment in GeorgianJustice system', 'Memories on Soviet Cleansing in Georgia', etc. Professionals and students from different universities, in total up to 80 persons attended the event at Ilia State University.

Selected



Central Asian mental health workers' study visit to Georgia

The 'East-East Partnership Beyond Borders' Program of the Open Society Foundations supports collaborative initiatives of nongovernmental and civil society organizations in two or more countries within themes encompassing good governance and public policy, rights protection and social inclusion, and global perspectives and international dialogue.

In the frame of the program GIP-Tbilisi hosted the study visitors from Kyrgyz governmental and non-governmental structures in November. The project aimed to support of implementation of innovative approaches in community based psychosocial care services sharing the international experience. In parallel with the Kyrgyz visitors, colleagues from Tajikistan and Kazakhstan visited Georgia to study mental health reforms related experience. GIP-Tbilisi organized visits to psychosocial daycare services, psychosocial rehab centre, acute units in general hospitals, crisis intervention centre, Autism centre, psychosocial service for children with emotional and behavioral problems (former FCCC), ex-users, etc. One of the objectives of the trip was to study the new standards and clinical protocols in mental health care. By the end of the visit the guests wished to deepen the professional networking and partnership between Georgian and Central Asian NGOs. As a first step to this direction was the invitation of Georgian MH workers to share their experience during the conference held in Kyrgyzstan soon after the study visit.



Mental Health Resource Centre and Master program at Ilia State University

Development of university curricula for mental health education is one of the subcomponents of TEA project. A Master Program on Mental Health at Ilia State University has been started in 2012. The program is 2 years long, is multidisciplinary and provides degrees in Social Psychiatry and Psychotraumatology. In 2013 the second stream of the 11 new students entered the program.

Series of the trainings/workshops were implemented in the Ilia State University to complement to MH Masters' Program curricula, namely:

activities

- A training on complex PTSD by Dr. Boris Drozdek (The Netherlands), April, 2013
- A training in Gestalt therapy by Arne Kvernvik-Nilsen (Norway), April, 2013
- A lecture on recovery and rehabilitation by Lars-Olof Ljungberg (Sweden), May, 2013
- A training on Brief Eclectic Trauma Focused Therapy by Prof. Dr. Berthold Garson's (The Netherlands), October, 2013
- A lecture on community mental health by Prof. Graham Thornicroft (UK), November, 2013.



Besides, using the Resource Centre there has been held number of meetings, trainings and workshops- for various MH workers during the year.

The fully equipped Mental Health Library functions at the Centre. Up to 2000 books and journals gifted by the late prominent American Psychiatrist Melvin Sabshin and delivered to Georgia with support of Robert van Voren, Chief executive of FGIP. In addition, GIP-Tbilisi dedicated lot of Georgian, English and Russian language books to the library. All publications are numbered after international DEWEY

classification. The librarian works every day. Students and MH specialists use the library for reading books, borrowing them and also for accessing the databases and scientific journals through provided PCs.



Selected

Support to Mental Health reform in Georgia by Developing a National Action Plan



In the beginning of 2013, the Healthcare and Social Issues Committee of the Parliament of Georgia (HSICPG) has initiated a process for drafting National Strategy and Action Plan on the MH. The advisory council on MH has been created under the Committee (February, 2013) and a conference was organized in the Parliament presenting urgent and systemic problems of the field (March, 7, 2013), which again reinforced the need for the policy document and NAP. The MoLHSA has created a Council on mental health policy and acknowledged a need for the policy development as well as urgency of having the NAP for reforming MH field in the country. The dialogue and agreement between the Parli-

amentary Committee and MoLHSA created a momentum for this process. The development of the MH Policy document was started in August 2013 and a group of local experts have elaborated basic principles and directions of the field development. The international expert – Prof. G. Thornicroft has reviewed the draft and his comments and recommendations have been incorporated into the text. After finalisation, the MH Policy document was adopted by the parliament on December 11, 2013. The concept was used as a basis for development of NAP.

Drafting of the NAP was led and coordinated by the Ministry of Labour, Health and Social Affairs (MoLHSA) and the Healthcare and Social Issues Committee of the Parliament of Georgia. GIP-Tbilisi, with financial support and technical guidance by UNDP, has major responsibility over the implementing of the project. Georgian Mental Health Coalition with a financial support of the Foundation “Brot fuer Welt” is a project partner. The process is in close coordination with EU/CoE project “Human Rights and Healthcare in Prisons and Other Closed Institutions” providing MH service research and technical expertise of the Action Plan.

The project aims to create a comprehensive National Action Plan on Mental Health, in support to the ongoing MH reform process in Georgia. The Action Plan was informed by the most relevant and updated evidence, as well as engaged a broad range of stakeholders ensuring consideration of all opinions for better policy recommendations.

7 working groups has been created to ensure a holistic approach to the action plan: Service Delivery



**Brot
für die Welt**

Empowered lives.
Resilient nations.

activities

(Hospital and out-of-hospital), Management, Financing and Budgeting of services, Important Target groups (Children, IDPs, Prisoners), Legislation and Human rights, Human Resources, education and Trainings, Prevention and Promotion, Integration of MH into primary healthcare. At the starting point the working group coordinators, local and international experts were contracted. Several working meetings with experts and two seminars out of Tbilisi (November and December) were organised during 2013, involving also extended group of stakeholders in the process.

Confidence building in conflict affected regions

The recent armed conflicts in Georgia resulted in a fragmentation of the country in separated regions. After 2008 conflict the Georgian and South Ossetian communities became estranged from each other. Limited opportunities for contact created a solid soil within both societies for mythologized perception of the other side in conflict. Mythologized perceptions lead to further estrangement of the societies and deepening of enmity, which on its turn moves away horizon of reconciliation.

Unaddressed mental health needs contribute to the risk of spread of violent culture in post-conflict communities diminishing quality of their lives and putting them into vicious circle of violence. Improved, healthier psychosocial climate is a necessary precondition for building trust and promotion of reconciliation.

In November GIP-Tbilisi started a new project 'Ensuring access to effective mental health services in conflict affected regions of Shida Kartli and South Ossetia'. The project is focused at promotion of sustainable institutional mechanisms of mental health care both for Georgian IDPs and South Ossetian population. The project is based on the scientific evidence according to which mental health condition within and between affected communities has a potential to influence conflict dynamics.

Project partners are: Journalists for Human Rights (Tskhinvali), Georgian Center for Psychosocial and Medical Rehabilitation of Torture Victims (GCRT-Tbilisi), Helsinki Foundation for Human Rights (Poland). The project is financially supported by COBERM – a joint initiative of EU and UNDP.

Personal and social development opportunity to everyone!

Since 2012 with financial support of EU the GIP-Tbilisi implements a project 'Promoting child rights and preventing juvenile delinquency by introducing Rehabilitation, Re-socialization, Reintegration (RRR) practices'. The project is focusing on Samtredia boarding school and intends to pilot an effective alternative model for preventing juvenile delinquency, besides the strengthening of institutional ca-

Curatio International Foundation was contracted by GIP-Tbilisi to carry out the study of financial barriers in MH field in Georgia. International expert prof. David McDaid (LSE, UK) made his first visit to Tbilisi in December, 2013.



*Empowered lives.
Resilient nations.*



Selected



capacity and building professional competencies of the School workforce.

Number of activities was conducted throughout the project implementation, aimed at promoting close and joyful interaction with juveniles and other members of the local community and contributing to decreasing stigma and alienation of the School inmates.



The following measures were organized during 2013: the children took swimming lessons for several months. On April 14, the adolescents took part in the activity dedicated to Festival of Love, which was held in municipality building. In June they were invited to Zugdidi to participate in the activity „Let’s Meet Europe together “conducted in Zugdidi. The pupils were actively involved in sport competitions together with another children of Zugdidi public school and deaf children from Tbilisi. Excursion to Batumi and visit to Dolphinarium and Aquarium, participating in the activities devoted to International Day for Protection of

Children – the children competed in poetry, declamation, singing, handicraft. The symbolic presents were handed over to the winners. Several sport activities and competitions with public school children were held during the year.

On December 25, the New Year Evening Party „Personal and Social Development Opportunity to Everyone“ was arranged at Samtredia School. Non-governmental organizations, Samtredia municipality representatives, local population as well as representatives of educational resource centre and social agency, other public school students and their family members attend the event too.

Cooperation between the boarding school, on the one hand, and local authorities and community members, on the other, their mutual participation in joint events promotes reducing stigma existent within the local community towards the Samtredia school pupils. The event was highlighted by local media means. The mentioned above activities ensure the actualization, activation and mobilization of all social capital resources that, in its turn, contributes to well-being of children and adolescents with problematic behavior.



activities



Keeping balance between rights and safety

The project 'For Further Improvement Mental Health Legislation in Forensic Care Setting' took a start in September 2013. The project aimed to improve and develop the mental health legislation thus to ensure balance between patients' rights and public safety. Main objectives of the project are the assessment of the mental health legislation and practice, elaboration of a balanced model between patient rights and public safety and working out a package of corresponding legislative initiatives.

Building up MH services for women prisoners and detainees

In 2012-2013, GIP-Tbilisi implemented the project 'Building up Rehabilitation, Re-socialization, Reintegration (RRR) and Mental Health Services for Women Prisoners and Detainees in Georgia', financially supported by the European Union. 3 multidisciplinary teams (MDT), consisting of Psychiatrist psychologist and social worker worked in the Rustavi women prison (pre-trial department and prison ward) during the whole duration of the action (18 months).

In order to improve the MH status of inmates, MDT offered the assistance to women in both departments:

Primary screening for MH problems;

- Consultancy and support to persons with MH problems;
- Setting up the suicide prevention system;
- Promotion of the system of the individual approach;

The screening instrument to assess the inmates' MH needs and problems and a primary interview form was elaborated during the project. The questionnaire investigating the social context of the inmate and gathers all relevant data for a case manager and case administration also was adapted and piloted with detainees.

Besides, three RRR day activity programs were piloted in the facility: 'Mother and Child', 'Social Competence Building' and 'Psycho-correctional work sessions with women prisoners'

The MDTs and day-activity program leaders were closely supervised by GIP-Tbilisi staff.



CAPACITY BUILDING

Capacity

Monitoring, Evaluation, Supervision



Capacity building of the CSOs working in the field of mental health care in the country: the methodology of organizational assessment and a self-monitoring tool was introduced to the partner-organizations of GIP-T, which helps to identify their developmental (capacity building) needs, and based on that – plan and implement corresponding learning trajectories. In 2013 nine partner organizations of GIP-T went through the process of organizational assessment and based on the revealed needs, a number of learning trajectories were implemented.

Training on clinical and case supervision was conducted to the representatives of the partner CSOs by the experts from the German organization Psychologische Psychotherapeutin, Supervisorin DGSv, Behandlungszentrum für Folteropfer, by the Drs Nora Balke and Katharina Strum-Larondelle (July, 2013). The training was focused at building

participants capacity to assure quality of delivering MH services.

Workshop on development of professional associations was conducted by Dutch expert in organizational development Dr. Akke Schuurman for the representatives of the Georgian Society of psychotrauma, Alliance to Address Juvenile Delinquency, Prison Mental Health Association and Association of Supervisors of Georgia.



Bridging Eastern and Western Psychiatry

GIP-Tbilisi with MH Resource Centre and the Society of Psychiatrists of Georgia supported the Conference 'Psychiatry today: working with outpatients' held on October 17. The event was organised with initiative of the organisation Bridging Eastern and Western Psychiatry (Italy). Psychiatrists: Andrea Mario Di Fiorino, Alessandro Del Debbio, Riccardo Dalle Luche (Italy), Maria Luisa Figueira, Jorge Maltez, Maria Manuela Abreu (Portugal), Tata Bazgadze, Eka Chkonia, Nana Zavrashvili (Georgia) led the symposiums at the conference.

Development of Georgian National Clinical Practice Guideline

In 2013 GIP-Tbilisi has finalised the 2nd phase of the OSGF funded project: "Revision and Development of Georgian National Clinical Recommendations (Guidelines) in the Treatment and Management of Mental Disorders".

building



This time the technical expert with working group support and international consultant's (USA) supervision developed the guideline: Treatment and management of depression in children and young people on community, primary and secondary healthcare levels. The guideline was prepared according the NICE and APA recommendations. In May the finalised full, shortened and public versions were submitted to MoLHSA for approve. The public version was given to parents and adolescents suffering from depression to overview thus to ensure the simplicity of the text for well understanding.

In April, 2013 the MoLHSA approved 2 guidelines: Treatment and management of Schizophrenia in Adults and Treatment and management of Depression in Adults. Both guidelines were prepared and submitted to the Ministry during the 1st phase of the project in 2012.

The 2nd phase of the project also intended to provide ToTs on these themes. In June, GIP-Tbilisi organised ToTs at MH Resource Center inviting the managers and leading psychiatrists from all MH facilities in Georgia (2 people from each facility). The local experts working on development of the Guidelines - E.Chkonia on Depression and N.Zavradashvili on Schizophrenia, now presented the Guidelines to ToT participants that should spread the new approaches among their colleagues in their facilities.



Strengthening of institutional capacity and building professional competencies

Strengthening of institutional capacity of the Samtredia N15 special boarding school and building professional competencies of the School workforce was one of the main objectives to be accomplished for successful implementation of the project 'Promoting child rights and preventing juvenile delinquency by introducing RRR practices to Samtredia School', funded by EU.

Together with the School administration and, - most important, with sharing all relevant texts and decisions with juveniles for promoting mutuality, respect and inclusion - the invited experts developed the modern, child-centered procedures that will regulate the School overall practices – code of conduct of the School, child intake and discharge processes, disciplinary measures, staff composition and ratio, terms of references for staff, standard day activity programs, standard individual case plans, etc. The developing this methodical framework will guide the School in its routine everyday practices.

10 training cycles were provided with school staff (13 participants) during 2013 year. Among the training topics:



CAPACITY BUILDING

Capacity



- Case management and multidisciplinary approach in developing and fulfilling individual plan;
- Anger management
- Behavioral disorders: forms and signs
- Assessment of behavioral Disorders
- Effective Communication;
- Conflict Management.

GIP-Hilversum and GIP-Tbilisi offices were conducting negotiations with therepresentatives of Ottho Gerhard Heldring Foundation on study visit in the beginning of April. Among the study visitors were the representatives of Samtredia school and of the Ministry of Science and Education.

Most important was the visit in the closed school for special education "De Steden school" and the open school for special education "Aquaris". The visitors had possibility to get acquainted with learning process as well as the workshops for professional education, how can be planned and implemented educational process according to individual needs of pupils. The Dutch specialists gave very useful advices about their experience, what should be avoided by the Georgian professionals, what should be emphasized while working process. In June Mr. Olman made a return visit and provided a workshop in Tbilisi. This time the audience was much wider.

Trainings and consolidation monitoring in penitentiary institutions in collaboration with ICRC



In collaboration with the International Committee of Red Cross (ICRC' Tbilisi Delegation) GIP-T experts conducted trainings on prison mental health management for the penitentiary health staff (22 Medical doctors and 37 nurses). The training course referred to commonly encountered mental disorders in the prisons, communication skills and its improvement, management of aggression, suicide and self harm, etc.

Besides the trainings there were consolidation monitoring visits to 7 penitentiary institutions of Georgia (# 5, 6, 7, 8, 9, 11, and 12) for assessment the accuracy of filling of medical files. During the visits the health staff was advised in terms of prescription and examination manners in accordance with the MH state guidelines and protocols, assisted in changing of attitude when performing consultations and providing health education sessions to the patients – all based on the skills and knowledge gained during the above mentioned trainings on mental health.

Different

DIFFERENT

On December 12, 2013 GIP-Tbilisi with more than 145 Civil Society Organizations (CSO) signed the memorandum of cooperation with the Parliament of Georgia. By this memorandum the Parliament of Georgia and the CSOs are establishing new standards of cooperation that consists of 10 articles and covers range of issues.

Last year GIP-Tbilisi with 22 NGOs established the Georgian Coalition for Children and Youth Welfare (GCCYW). By the end of 2013 the number of member organizations increased up to 36 and the Coalition became a member of ChildPact international. GIP-Tbilisi leads one of the four thematic advocacy groups in the Coalition. The group work is oriented on Juvenile Justice issues.

GIP-Tbilisi provided WHO MiNDbank (online platform for the sharing of key resources related to mental health, substance abuse, disability, general health, human rights and development) with national policies, strategies and laws on mental health (Georgian and English versions).

By the end of the year we have translated WHO mhGAP guide into Georgian to promote effective capacity building of primary healthcare personnel and other specialists.

The Network on Humanitarian Assistance (NOHA) traditionally visited our office in April, this time with 24 participants. NOHA is a multidisciplinary postgraduate program that provides high quality academic education and professional competencies for personnel working or intending to work in the area of humanitarian action. During the meeting we usually presented GIP-Tbilisi programs and core activities, shared our experience and gave answers on visitors' questions.

During the year GIP-T was acting as a focal point for International Federation of Health and Human Rights Organizations (IFHHRO), covering 3 South Caucasian (Armenia, Azerbaijan, Georgia) and 3 Central Asian countries (Kyrgyzstan, Kazakhstan, Tajikistan).

As usual, GIP-T hosted several volunteers during 2013, among others exchange students from the USA, from Switzerland and some Georgian young specialists.

Regular staff-retreat sessions took place in 2013 – twice the office staff went to outside resorts and reviewed the projects and activities, analyzed challenges and barriers and agreed on future steps and priorities for following months.

Federation GIP meeting took place in the Netherlands, offering Federation Board meeting and also GIP office directors meeting. GIP-T director and a chairperson – Dr. D. Gzirishvili participated in the meetings.



Foundation Global Initiative on Psychiatry - Tbilisi
Balance Sheet (As of January 1, 2014)

Euro

Assets

Current Assets:	(31.12.2013)
Advance for personnel	0
Cash in safe	3 927
TBC Bank	373 273
TBC Bank Business Card	1 097
Short-term accounts payable (receivable)	7 846
Tax refund	11 992
Total Current Assets	398 135
Fixed Assets:	
Fixed Assets:	22 178
Total Fixed Assets	22 178
Total Assets:	420 313

Liabilities and Equity

Current Liabilities:	
Other Current Tax Liabilities	0
Liabilities to donors	144 021
Short-term Notes Payable	0
Other Liabilities	0
Total Liabilities	144 021
Equity	
Opening Balance Equity	81 801
Positive exchange rate difference	4 865
Financial Profit / Loss of the current year (-/+)	189 626
Total Equity	276 292
Total Liabilities and Equity:	420 313

Director:
Financial Manager:

Date: 15.04.2014
Foundation Global Initiative on Psychiatry - Tbilisi



